

Year 7 Core PE Curriculum Map

	Cycle One:	Cycle Two:	Cycle Three:
Core Content	<u>Sports:</u> Tag Rugby Football Badminton Basketball	<u>Sports:</u> Badminton, Handball Gymnastics Hockey	<u>Sports:</u> Athletics Rounders Cricket
Active ME:	-Lessons focus on core skill development in teams, individually and pairs. -Students will develop their fundamental movement skills: balance, locomotor skills and ball skills. -Lessons focus on core skill development in teams, individually and pairs		
Tactical ME:	 Students will explore and implement simple tactics and strategies. Students will comment on their own and others performances. Students will learn basic rules. Students will be given tasks which mean they must apply basic functional mathematical knowledge to their understanding of PE, including measuring, timing and scoring. 		
Social ME:	-Students will lead basic warm ups - Students can identify different roles and attempt some of them. -Students will develop confidence in unfamiliar situations. -Students will start sharing ideas with their group.		
Disciplinary Literacy	Oracy - Students will have opportunities to and will be encouraged to develop leadership skills, being able to talk, to give and respond to feedback, all developing oracy skills.		
Assessment	ME in PE Assessment for each sport which can be aver	aged at the end of each cycle	



	Cycle One:	Cycle Two:	Cycle Three:
Core Content	<u>Sports:</u> Tag Rugby Football Volleyball Netball	<u>Sports:</u> Handball Basketball Fitness Hockey	<u>Sports:</u> Athletics, Tennis Cricket Softball
Active ME:	 -Lessons focus on core skills and some advanced skills in teams, individually and pairs. -Students will further develop their fundamental movement skills: balance, locomotor skills and ball skills. -Lessons focus on core skills and some advanced skills in teams, individually and pairs. 		
Tactical ME:	 Students will develop understanding of attacking and defensive principles. Students will develop game play, tactical awareness and strategies. Students develop ability to analyse performance and comment on skills using some evaluative language. Students develop good knowledge of rules. Students will be given tasks which mean they must apply functional mathematical knowledge to their understanding of PE, including measuring, timing and scoring. 		
Social ME:	-Students will plan and lead their own warm ups. - Students will get the opportunity to officiate, judge and umpire in lessons. -Students will develop confidence -Students will grow in confidence when sharing ideas with their group.		
Disciplinary Literacy	Oracy - Students will have opportunities to and will be encouraged to develop leadership skills, being able to talk, to give and respond to feedback, all developing oracy skills.		
Assessment	ME in PE Assessment for each sport which can be averaged at the end of each cycle		



	Cycle One:	Cycle Two:	Cycle Three:
Core Content	<u>Sports:</u> Tag Rugby Football Badminton Netball	<u>Sports:</u> Basketball Handball Fitness Hockey Ultimate Frisbee	<u>Sports:</u> Athletics Rounders Cricket Tennis
Active ME:	-Students advance their skills in increasingly challenging practices and competition. -Lessons focus on core tasks and applying advanced skills in teams, individually and pairs. - Students develop the ability to perform advanced skills and adapt them to relevant situations in order to outwit my opponents		
Tactical ME:	 -Develop effectiveness in game play, tactical awareness and more advanced strategies. - Students will develop the ability to analyse and evaluate their own and others performances. - Develop their decision making during competitive and varying situations. - Students will develop a good knowledge of rules and tactics. -Students apply their mathematical knowledge to their understanding of PE, including measuring, timing, estimating and analysing data 		
Social ME:	-Students will develop to be a confident leader and can take control of a group, applying rules appropriately -I understand the value of sportsmanship and can support others. -Students regularly answer questions, even if they are unsure of the answer -Students will set up and lead small parts of lessons.		
Disciplinary Literacy	Oracy - Students will have opportunities to and will be encouraged to develop leadership skills, being able to talk, to give and respond to feedback, all developing oracy skills.		
Assessment	ME in PE Assessment for each sport which can be aver	aged at the end of each cycle	



	Cycle One:	Cycle Two:	Cycle Three:
Core	Sports:	Sports:	Sports:
Content	Tag Rugby	Football	Athletics
	Volleyball	Handball	Rounders
	Badminton	Netball	Cricket
	Basketball	Fitness	Softball
		Hockey	
Active ME:	-Students advance their skills increasingly in competition in a variety of contexts. -Lessons focus on applying skills and leadership attributes in competitions. - Students develop the ability to perform advanced skills and adapt them to relevant situations in order to outwit my opponents in a variety of contexts.		
Tactical ME:	 -Develop advanced effectiveness in game play, advanced tactical awareness and strategies. - Students will develop the ability to analyse and evaluate their own and others performances. -Students develop the ability analyse and evaluate their own and others performances - Students develop their decision making during competitive situations. -Students can identify and plan ways to improve performance. -Students can demonstrate good knowledge of rules and tactics. -Students will develop their mathematical knowledge to their understanding of PE 		
Social ME:	-Develop Leadership Skill and qualities to be confident in taking a lead role. - Students understand the values of sport and how to be an effective leader. -Students are confident answering difficult questions and asking questions themselves to further their understanding. -Students are increasing confident in leading their peers in a variety of roles.		
Disciplinar y Literacy	Oracy - Students will have opportunities to and will be encouraged to develop leadership skills, being able to talk, to give and respond to feedback, all developing oracy skills.		
Assessmen t	N/A		



	Cycle One:	Cycle Two:	Cycle Three:
Core Content	<u>Sports:</u> Tag Rugby Volleyball Badminton Basketball	<u>Sports:</u> Football Handball Netball Fitness Hockey	<u>Sports:</u> Softball/Rounders Tennis Dance/Fitness
Active ME:	-Students can continue to select advanced techniques to a high standard in practice and competition. -Students can demonstrate fluency and control regardless of the situation, regularly outwitting my opponent -Students to develop ability to have a big influence on the outcome of competitive situations.		
Tactical ME:	 -Students can accurately analyse and evaluate their performance leading to well informed decisions on how to improve. -Students can demonstrate strong knowledge of tactical strategies to outwit opponents in a variety of contexts. - Students develop their decision making during competitive situations as a performer, manager and official. -Students can identify and plan ways to improve performance of themselves and others. -Students can demonstrate excellent knowledge of rules and tactics. -Students will develop their mathematical knowledge to their understanding of PE, including measuring, timing, estimating and analysing data in a variety of contexts. 		
Social ME:	Students are confident taking a leading role and demonstrate knowledge, organisation and communication skills. -Students will regularly help others during lesson -Students can help to facilitate their own learning. -Students will confidently attempt challenging questions. -Students gain confidence as managers, officials, coaches, leaders.		
Disciplinary Literacy	Oracy - Students will have opportunities to and will be encouraged to develop leadership skills, being able to talk, to give and respond to feedback, all developing oracy skills.		
Assessmen t	N/A		